

Elizabeth J. Flynn, Psy. D., LP

Education

- Doctorate of Clinical Psychology** · October 2011
Clinical Psychology
Argosy University – Minnesota School of Professional Psychology Eagan, Minnesota
- Bachelor of Science - Community Psychology** · December 2005
Community Psychology
St. Cloud State University- Graduated Suma cum Laude St. Cloud, Minnesota

Clinical and Counseling Related Experience

- Elizabeth Flynn, Psy.D., PLLC**
Licensed Psychologist
Responsibilities:
St. Cloud, MN
September 2016-Current
- ❖ Diagnostic, Intake Interviews, Psychological Assessment
 - ❖ Individual therapy and couples' therapy
 - ❖ Clients: adults and adolescents
 - ❖ Administration and scoring of assessment materials (testing noted below)
 - ❖ Treatment populations: anxiety, depression, grief and loss, issues related to aging, Traumatic Brain Injury (TBI), intellectual disabilities, anger issues, sexual issues, Posttraumatic Stress Disorder (PTSD), other stressor and trauma related disorders, and relationship issues

- Behavioral Wizards**
Licensed Psychologist
Responsibilities:
Sartell, MN
May 2016-Current
- ❖ Behavioral Consultant

- Core Professional Services, P.A.**
Post-Doctoral Therapist
Licensed Psychologist
Responsibilities:
Sartell, MN
October 2011-2013
October 2013-Current
- ❖ Diagnostic, Psychological, Pre-Employment, Parenting, Anger, Domestic Abuse, Extended Juvenile Jurisdiction, Parenting, and Psychosexual Assessment (approximately 100 - 150 assessments per year)
 - ❖ Intake Interviews
 - ❖ Administration and scoring of assessment materials (testing noted below)
 - ❖ Individual therapy, family therapy, and couples therapy: Individuals with traumatic brain injury, intellectual disabilities, court order, anger issues, sexual issues, & PTSD
 - ❖ Group therapy: utilizing the work book *The Best Version of You* by Frank Weber, M.S., L.P. & *Sexual Obsessions Workbook* by Frank Weber, M.S., L.P.
 - ❖ Supervision of Undergraduate, Masters level, and Doctorate level interns

- Core Professional Services, P.A.**
Pre-Doctoral Therapist
Responsibilities:
Sartell, MN
July 2010-October 2011
- ❖ Diagnostic, Psychological, Anger, and Psychosexual Assessment (completed 137 assessments in 2011)
 - ❖ Intake Interviews
 - ❖ Administration and scoring of assessment materials
 - ❖ Individual therapy, family therapy, and couples therapy.
 - ❖ Group therapy: utilizing the work book *The Best Version of You* by Frank Weber, M.S., L.P.

- ❖ Instructor for the Healthy Relationships/Sexuality Education class for juveniles & adults
- ❖ Primary populations served included individuals referred by the court for a psychosexual assessment, anger assessment, and sex offender treatment

Core Professional Services, P.A.

Pre-Doctoral Psychology Intern

Sartell, MN
July 2009- July 2010

Responsibilities:

- ❖ Diagnostic, Psychological, Anger, and Psychosexual Assessment
- ❖ Intake Interviews
- ❖ Administration and scoring of assessment materials
- ❖ Individual therapy, family therapy, and couples therapy.
- ❖ Group therapy: utilizing the work book *The Best Version of You* by Frank Weber, M.S., L.P.
- ❖ Instructor for the Healthy Relationships/Sexuality Education class for juveniles & adults
- ❖ Primary populations served included individuals referred by the court for a psychosexual assessment, anger assessment, and sex offender treatment

Cedarbrook Counseling Center

Practicum Counselor

Baxter, MN
September 2008– May 2009

Responsibilities:

- ❖ Provided individual and conjoint couple's therapy to a wide variety of clients in a private practice setting. Therapy issues include social anxiety, depression, relationship difficulties, and attention deficit related difficulties.
- ❖ Assisted with Focus for Success Attention Deficit/Hyperactivity program

Core Professional Services, P.A.

Assessment Practicum

St. Cloud, MN
September 2007 – September 2008

Responsibilities:

- ❖ Administration and scoring of assessment materials, intake interviews, and report writing, focusing on forensic assessment. 50 assessments completed
- ❖ Primary populations served included individuals referred by the court for a psychosexual assessment or anger assessment.

Core Professional Services, P.A.

Undergraduate Psychology Intern

St. Cloud, MN
September 2005 – December 2005

Responsibilities:

- ❖ Assisted in adult and juvenile sex offender group therapy. Provided homework assistance to individuals attending the sex offender group therapy.

Professional Skills & Training

Psychological Assessment Training and Experience:

- ❖ Intelligence, Memory & Neuropsychological Assessments
 - Wechsler Adult Intelligence Scale (WAIS-III and WAIS-IV)
 - Wechsler Intelligence Scale for Children (WISC-III and WISC-IV)
 - Wechsler Memory Scale (WMS-IV)
 - Scales of Independent Behavior- Revised (SIB-R)
 - Folstein Mini-Mental Status Exam
- ❖ Personality Inventories
 - Minnesota Multiphase Inventory-2 (MMPI-2)
 - Minnesota Multiphase Adolescent Inventory (MMPI-A)
 - Millon Multiaxial Clinical Inventory-III (MCMI-III)
 - Millon Adolescent Clinical Inventory (MACI)
 - Millon Behavioral Medicine Diagnostic (MBMD)
 - Jesness Inventory Revised (JI-R)
- ❖ Psychoeducational Assessment
 - Wide Range Achievement Test-4 (WRAT-4)

- Woodcock-Johnson
- ❖ Symptoms Scales
 - Child Behavior Checklist (CBCL)
 - Hamilton Depression Inventory (HDI)
 - Beck Inventories:
 - Anxiety (BAI), Depression-2 (BDI-2), Depression Inventory for Youth (BDI-Y)
- ❖ Risk/Needs Assessments
 - Psychosocial Evaluation & Threat Assessment (PETRA)
 - Structured Assessment of Violence Risk in Youth (SAVRY)
 - Acute-2007
 - Stable-2007
 - Static-99R
 - State Trait Anger Assessment Inventory-2 (STAXI-2)
 - Psychopathy Check List- Revised (PCL-R)
 - Early Childhood Service Intensity Instrument (ECSII)
 - Child and Adolescent Service Intensity Instrument (CASII)
 - Strengths & Difficulties Questionnaire

Relevant Coursework:

- ❖ Physiological Psychology
- ❖ Social Psychology
- ❖ Psychodynamic Theory and Therapy
- ❖ Systems Theory and Therapy
- ❖ Experiential Theory and Therapy
- ❖ Person Centered Theory and Therapy
- ❖ Consultation & Supervision
- ❖ Professional Issues: Ethics, Conduct & Law
- ❖ Objective Personality Assessment
- ❖ Projective Personality Assessment
- ❖ Interventions with Specific Populations
- ❖ Cognitive Assessment
- ❖ Introduction to Diverse Populations
- ❖ Assessment and Treatment of Diverse Populations
- ❖ Assessment and Treatment of Children and Families
- ❖ Neurological Assessment
- ❖ Introduction to Psychology
- ❖ Assessment and Treatment of Forensic Populations
- ❖ History & Systems
- ❖ Lifespan Development
- ❖ Cognition & Affect Processes
- ❖ Statistics and Research I & II
- ❖ Psychopathology I & II
- ❖ Human Sexuality

Professional Development

- ❖ MMPI Conference: 2008
- ❖ 2008, 2009, 2010, 2011, 2013, 2014, 2015 Annual MNATSA Conference
- ❖ 2009 Narrative Therapy: New Approaches for the Treatment of Sexual Abuse, Addiction, & Trauma
- ❖ 2010 Updates to Emotion regulations & Crisis Survival Skills in Dialectical Behavior Therapy
- ❖ 2010 Nutritional & Complementary Treatment of Mental Health Disorders: Non-Pharmaceutical Strategies that Work!
- ❖ 2011 Evidence-Based Trauma Treatments & Interventions
- ❖ 2011 The 10 Core Competencies for Trauma, PTSD, Grief & Loss
- ❖ 2012 Addiction Solutions: Treatment Beyond One Size Fits All
- ❖ 2012 Sex Offenders – What you Don't Know
- ❖ 2012 Static-99R, Stable-2007, Acute-2007 training
- ❖ 2012 Personality Disorders: The Challenges of the Hidden Agenda

- ❖ 2013 Revolutionizing Diagnosis & Treatment Using the DSM-5
- ❖ 2014 Suicide & Self-Mutilation Stopping the Pain
- ❖ 2014 Clinical Supervision: Ways to Nurture “Expertise” in Psychotherapists
- ❖ 2014 Happiness: How Positive Psychology Changes Our Lives
- ❖ 2014 Early Childhood Service Intensity Instrument (ECSII)
- ❖ 2015 Police Pre-Employment Evaluations with the MMPI-2-RF (Part 1 & 2)
- ❖ 2015 FASD: An Overview for Mental Health Professionals
- ❖ 2015 New Developments in the Treatment of PTSD, Complex PTSD and Co-Occurring Disorders: Ways to Bolster Resilience
- ❖ 2016 The Clinician’s Survival Guide to Suicide and Homicide
- ❖ 2016 MACMH Child & Adolescent Mental Health Conference
- ❖ 2016 Ethics 2.0 When Clinical Goes Digital

Research

September 2008 – October 2011

Critical Research Project

Psychiatric Disorders Related to the Number and Type of Victims in Adult Male Sexual Offenders

Critical Research Proposal Chairperson: Jeffery Brown, Psy.D., L.P.

Committee Members: Hideko Sera, Psy. D.; Paul Reitman, Ph.D., L.P.

September 2005 – December 2005

Assistant

The Abuse History of Individuals Attending Sex Offender Treatment

Lead Researcher: Frank Weber, M.S., L.P.

Professional Presentations

Jensen, J., & Flynn, E. (2008, November). *Pre-Marriage Retreat*. Bethlehem Lutheran Church, Brainerd, MN.

Flynn, E. (2012). Utilization of the *Millon Behavioral Medicine Diagnostic (MBMD)*. Core Professional Services, P.A., Sartell, MN.

Flynn, E. (2013, October). *Utilization of the Adult Patient Health Questionnaire-9 (PHQ-9)*, developed by Drs. Robert L. Spitzer, Janet B.W. Williams, Kurt Kroenke and colleagues. Core Professional Services, P.A., Sartell, MN.

Professional Organizations:

American Psychological Association (APA)

References

Monica Beumer, Psy.D., L.P., Core Professional Services, P.A. cell: 320-237-4474

Megan Corrieri, M.S., LPCC, Core Professional Services, P.A. cell: 320-309-9221

Karen Freed, Psy.D., L.P. Centracare Health System, cell: 320-420-5657

Krista Vosberg, M.S., LMFT, Core Professional Services, P.A. cell: 320-493-4342